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## **Stories from the Water-Body Open Call for Participants**

## for a series of 3 workshops in the Grimsby/Cleethorpes area

## 27 April, 11 May, 18 May 2024

Open to women (anyone who identifies as a woman) aged 40+ who live in Northern Lincolnshire

Cost: Donation towards materials - £15 suggested - please pay according to your circumstances

If you have an interest in exploring your relationship with the sea and water, are willing to be part of a small group of fellow explorers (max 6 participants), and **can commit to all 3 dates**, you are invited to get in touch.

We will shape the workshops together according to the interests and experience of the group. They may include movement, photography, sand drawing/sculpture, and journalling/writing, and aim to be a safe and supportive environment to discover and share our bodily and emotional connections with the sea and water. Suitable for those with no previous creative experience as well as those wishing to deepen their creativity.

There will be a small exhibition documenting our journey in the Grimsby/Cleethorpes area during June/July. There is no expectation that you will produce finished or polished work, and you can remain anonymous if you choose... it's all about the creative journey and process, not perfect outcomes!

The workshops are co-facilitated by Lincolnshire artists Louisa Chase and Hannah Green of Dance Free CIC



Scan the code with your phone camera to get the registration form or text/call Louisa on 07 593 585 797

Spaces are limited to 6 so you are advised to get in touch early